

Jiffy Oatmeal Crunch

Yield 30 servings

Ingredients

1/2 cup	margarine or butter
3/4 cups	brown sugar (firmly packed)
1 teaspoon	vanilla
1/2 teaspoon	baking soda
2 cups	quick oats (uncooked)
1 cup	raisins

Instructions

1. Preheat oven to 350 degrees and grease a 9x13 inch baking pan.
2. In large skillet, melt butter and brown sugar.
3. Remove from heat and stir in remaining ingredients.
4. Spread into pan and bake for 15 - 20 minutes. Cool; cut into squares.

Cost

Per recipe: \$3.91
Per serving: \$0.13

Source

USDA Food and Nutrition Service, Creative Recipes for Less Familiar USDA Commodities Used by Household Programs
Food Distribution Service

Nutrition Facts	
Serving Size 1 piece 1 1/3 x 3", 1/30 of recipe (20g)	
Servings Per Container 30	
Amount Per Serving	
Calories 80	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0.5g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	